

## Catégories d'âge et de poids - 2019

**PB7 (2011-2009)  
BJ (2008-2007)  
CD (2006-2005)  
Homme-Femme**

**Juvenile  
(2004-2003)  
Homme-Femme**

**Junior-Senior  
(2002-2001 <> 2000 et -)  
Homme**

**Junior-Senior  
(2002-2001 <> 2000 et -)  
Femme**

61 lbs = 28 kg

84 lbs = 38 kg

108 lbs = 49 kg

106 lbs = 48 kg

66 lbs = 30 kg

88 lbs = 40 kg

114 lbs = 52 kg

112 lbs = 51 kg

70 lbs = 32 kg

92 lbs = 42 kg

123 lbs = 56 kg

119 lbs = 54 kg

75 lbs = 34 kg

97 lbs = 44 kg

132 lbs = 60 kg

125 lbs = 57 kg

81 lbs = 37 kg

101 lbs = 46 kg

141 lbs = 64 kg

132 lbs = 60 kg

86 lbs = 39 kg

106 lbs = 48 kg

152 lbs = 69 kg

141 lbs = 64 kg

91 lbs = 41 kg

110 lbs = 50 kg

165 lbs = 75 kg

152 lbs = 69 kg

95 lbs = 43 kg

114 lbs = 52 kg

178 lbs = 81 kg

165 lbs = 75 kg

101 lbs = 46 kg

119 lbs = 54 kg

201 lbs = 91 kg

178 lbs = 81 kg

106 lbs = 48 kg

125 lbs = 57 kg

+ 201 lbs = + 91 kg

+ 178 lbs = + 81 kg

110 lbs = 50 kg

132 lbs = 60 kg

114 lbs = 52 kg

138 lbs = 63 kg

119 lbs = 54 kg

145 lbs = 66 kg

125 lbs = 57 kg

154 lbs = 70 kg

132 lbs = 60 kg

165 lbs = 75 kg

138 lbs = 63 kg

176 lbs = 80 kg

145 lbs = 66 kg

+ 176 lbs = + 80 kg

### **Classes ouvertes (+ de 10 combats)**

#### DURÉE DES COMBATS :

PB7 (H&F) – 3 rounds x 1 minute (12 mois d'écart max)

BENJAMINS (H&F) – 3 rounds x 1:00

CADETS (H&F) – 3 rounds x 1:30

JUVÉNILES (H&F) – 3 rounds x 2 minutes

JUNIORS & SENIORS (F) – 3 rounds x 3 minutes

JUNIORS & SENIORS (H) – 3 rounds x 3 minutes