

## Catégories d'âge et de poids - 2011

(Il est possible de surclasser certains athlètes – contacter le directeur général)

<b>Benjamin-Cadet (2000-1999&lt;&gt;1998-1997)</b>	<b>Juvenile (1996-1995)</b>	<b>Junior-Senior (1994-1993&lt;&gt;1992 et -)</b>	<b>Junior-Senior (1994-1993&lt;&gt;1992 et -)</b>
<b>Homme-Femme</b>	<b>Homme-Femme</b>	<b>Homme</b>	<b>Femme</b>
61 lbs = 28 kg	86 lbs = 39 kg	108 lbs = 49 kg	106 lbs = 48 kg
66 lbs = 30 kg	91 lbs = 41 kg	114 lbs = 52 kg	112 lbs = 51 kg
70 lbs = 32 kg	95 lbs = 43 kg	123 lbs = 56 kg	119 lbs = 54 kg
75 lbs = 34 kg	101 lbs = 46 kg	132 lbs = 60 kg	125 lbs = 57 kg
81 lbs = 37 kg	106 lbs = 48 kg	141 lbs = 64 kg	132 lbs = 60 kg
86 lbs = 39 kg	110 lbs = 50 kg	152 lbs = 69 kg	141 lbs = 64 kg
91 lbs = 41 kg	114 lbs = 52 kg	165 lbs = 75 kg	152 lbs = 69 kg
95 lbs = 43 kg	119 lbs = 54 kg	178 lbs = 81 kg	165 lbs = 75 kg
101 lbs = 46 kg	125 lbs = 57 kg	201 lbs = 91 kg	176 lbs = 80 kg
106 lbs = 48 kg	132 lbs = 60 kg	+ 201 lbs = + 91 kg	+ 176 lbs = + 80 kg
110 lbs = 50 kg	138 lbs = 63 kg		
114 lbs = 52 kg	145 lbs = 66 kg		
119 lbs = 54 kg	154 lbs = 70 kg		
125 lbs = 57 kg	165 lbs = 75 kg		
132 lbs = 60 kg	176 lbs = 80 kg		
138 lbs = 63 kg	189 lbs = 86 kg		
145 lbs = 66 kg	+ 189 lbs = + 86 kg		

**Classes ouvertes (+ de 10 combats)**  
**DURÉE DES COMBATS :**  
BENJAMINS (H&F) – 3 rounds x 1 minute  
CADETS (H&F) – 3 rounds x 1:30  
JUVÉNILES (H&F) – 3 rounds x 2 minutes  
JUNIORS & SENIORS (F) – 4 rounds x 2 minutes  
JUNIORS & SENIORS (H) – 3 rounds x 3 minutes